

Personalised care plans

Personalised care plans allow information to be shared more easily between different services and with the individual themselves.

This leads to better integration of health and care services, ensuring that providers are in a place to deliver the best possible support.

New updates

This standard sets out what information should be included in a care plan. It supports people living with long term conditions or with complex needs and it was updated to better support people with severe mental health conditions to live well in the community

Care plans will now fully reflect their needs and can support them to live well in the community.

What's included?

About me



A record of the things a person feels is important. E.g. preferred ways to communicate during a crisis.

Care and support plan



A record of decisions made by the individual and professionals about their goals and progress.

Formulation



An account of the meaning and origins of a person's mental health difficulties.

Procedures and therapies



A record of interventions such as psychological therapies, smoking cessation or medications.

Contingency plans



What to do and who to contact if a person's health or circumstances gets worse.

Additional supporting plans



An embedded record of any additional care plans which the individual or care providers need.